Due to the high potential for both abuse and possibly sudden unexpected death, UNLV Student Wellness has developed the following criteria for students seeking evaluation and/or medications for Attention Deficit/Attention Deficit Hyperactivity Disorder (ADD/ADHD).

## Medications in this category include: ADDERALL, CONCERTA, RITALIN, METADATE, DEXEDRINE, MIXED AMPHETAMINE SALT, METHYLPHENIDATE, or other medications such as Strattera, Wellbutrin and Buproprion.

Please note that having "ran out" of a stimulant medication does not constitute a medical emergency or urgent situation. Every student is responsible for monitoring and obtaining his or her medication refills in a timely manner. Students are advised to schedule an appointment well in advance of needing refills since clinicians at Student Wellness have full schedules and are working to meet the various urgent and routine medical, psychiatric and psychological needs of the UNLV student population.

A. If you have a prior established diagnosis of ADD/ADHD and have been receiving regular prescriptions for these medications from a medical provider outside of UNLV Student Wellness, you will need to schedule an appointment with the UNLV Counseling and Psychological Services (CAPS) for an Intake Appointment. If you are in need of a refill at this time, it is your responsibility to contact your prescribing provider for refills until you are seen and established as a client in CAPS. No prescriptions for this class of medications will be provided before a full intake evaluation is conducted. At the time of your intake evaluation, you must provide medical documentation including psychological testing results that confirm a valid diagnosis and prescription history.

B. If you have been receiving stimulant medications for ADD/ADHD from CAPS Psychiatrist and have been attending regular ongoing follow up appointments, you will need to schedule an appointment with the interim CAPS psychiatrist or a SHC clinician if an appointment with psychiatrist is not available. Please bring your prescription bottle with you to the appointment. If you are seen in the SHC, you will be asked to sign a release of information so that your records from the psychiatrist may be shared with the clinician in the SHC. It may take a few days or weeks before an appointment is available given the current demand for services.

C. If you suspect that you may have a diagnosis of ADD/ADHD and you would like to be evaluated for stimulant medication, you will need to complete psychological testing to confirm the diagnosis. CAPS does not provide psychological testing for ADD/ADHD. You may contact the CAPS triage counselor or our care manager, Perris Kent, for an ADD/ADHD testing and/or treatment referral. If you have private insurance, you may wish to contact a provider from your plan for ADD/ADHD evaluation and treatment.

## **Information for Student Athletes:**

The new NCAA criteria for student athletes to receive stimulant medication for the treatment of ADD/ADHD require appropriate recent (within the last 3 years) psychological testing to confirm a diagnosis of ADD/ADHD. Student athletes must provide testing results to the CAPS Psychiatrist for consideration of treatment with stimulant medication.

**Jan 2010**